

The safest option.

Available at Peer Based Harm Reduction WA.

Use once and discard the rest.







Fresh water in a washed saucepan.

Boil continuously for ten minutes.

Throw out unused water and start over each time.



Use the cold tap.

Allow water to run for a few moments first.

Draw up directly from the stream of water into your syringe.



UNOPENED BOTTLED WATER

The risk of bacteria is even greater after someone has drunk from it.

Bottled water is not

sterile.





Most kettles only boil for a short period of time.

You may be better off using fresh cold tap water.



FAILS

If all else fails and no fresh water source is available, try to find a toilet.

Flush first and use water from the cistern, never from the bowl.





















Do you want to find more informational resources like this one? Peer Based Harm Reduction WA is a great source of information about safer injecting. Just ask our friendly staff or check out our website at:

www.harmreductionwa.org

Opening Hours

PERTH

Monday to Friday - 10am - 5pm Saturday and Sunday - 1pm - 4pm

Address: Suite 22 / 7 Aberdeen St, Perth

Phone: 9325 8387

BUNBURY

Monday to Friday - 10am - 3pm

Address: 97 Spencer St, Bunbury

Phone: 9791 6699







Water

HIERARCHY

A guide to choosing the safest available water source for injection