

How to get naloxone

Anyone can get prescribed naloxone from a Doctor. However, some Doctors do not like prescribing it to people.

Naloxone is also available over the counter at pharmacies who carry it. However, if you purchase it over the counter you have to pay full price.

When you complete the Peer Based Harm Reduction WA naloxone training you will receive free naloxone and a kit with everything you need to use it.

At the end of the training each person will have a short consult with our Nurse. The Nurse will assess your knowledge and ability to safely use naloxone before prescribing.

Once our Nurse knows you have been trained you can see her again to get more naloxone. Make sure you check the Health Clinic opening hours first.



KEEP
CALM
AND
CARRY
NALOXONE

Who to contact

For more information about the
Peer Naloxone Training
please contact
Peer Based Harm Reduction WA

Ph: 08 9325 8387
www.harmreductionwa.org

Ruth, Naloxone Project Officer
healthpromotion@harmreductionwa.org

Unit 22, 7 Aberdeen Street
Perth WA 6000

"Thank you so much. My friend just went blue in the passenger seat of my car, so I ran around and pulled him out. I just did exactly everything you had told me to do! Like, I tilted his head and breathed two emergency breaths into him, injected him with the naloxone and started the compressions. He came around within a few minutes."

Thank you so much for letting me save my mate's life. I saved his life! I still can't believe it! I'm just so grateful."

Naloxone Training participant



Peer Naloxone Training

**Recognise and respond to
opioid overdose**



PERTH

22/7 Aberdeen Street

P: 08) 9325 8387

F: 08) 9325 6152

BUNBURY

97 Spencer Street

P: (08) 9791 6699

F: (08) 9721 1547

info@harmreductionwa.org

www.harmreductionwa.org

Why do we run Peer Naloxone Training?

In 2010 Perth saw an increase in heroin related deaths. The Peer Naloxone Training was started to help prevent overdoses.

The training is available for anyone who may be likely to witness an opioid overdose, this includes people who use heroin and other opioids, friends, flat mates, and family members.

At the end of the training people will be provided their own FREE “naloxone kit”, which contains all the first aid items to use during an opioid overdose.

“When we attended the scene [the first responder] identified himself as a first aider and peer naloxone trained. He explained he had been part of a naloxone training project and had been prescribed naloxone. He appeared calm and confident and gave a detailed hand over.”

St John’s Ambulance Officer

Please phone Peer Based Harm Reduction WA on 9325 8387 to register your interest. Once we have your first name and mobile number we will text or call to let you know the date of the next Peer Naloxone Training. We are happy to remind you every month until you can attend.

What is naloxone?

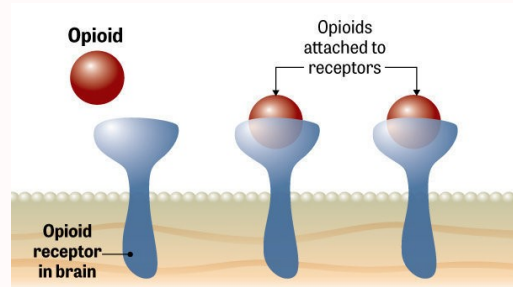
You may have heard naloxone referred to by its drug company name, Narcan[®]. It is what ambulance officers give someone if they have overdosed on an opioid.

Naloxone only works on opioids, such as heroin, morphine, oxycodone and fentanyl. It has no side effects on anyone who has not used opioids.

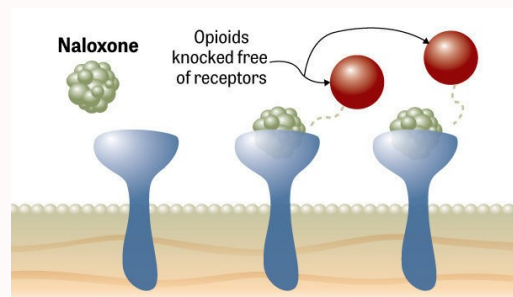
Naloxone is an intramuscular injection that reverses an opioid overdose, enabling the person to breathe again.

OPIOID OVERDOSE

The brain has many receptors for opioids. An overdose occurs when too much of an opioid (heroin, morphine, etc.) fits in too many receptors, stopping the person’s breathing.



Naloxone has a stronger affinity to the opioid receptors than opioid drugs, so it knocks the opioids off the receptors for a short time. This allows the person to breathe again and reverses the overdose.



What does the training cover?

- How to recognise an opioid overdose
- Risk factors for opioid overdose
- Myths and facts of opioid overdose
- How to prevent an opioid overdose
- The first aid steps for an opioid overdose
- How naloxone works
- How to administer naloxone

What happens at the training?

- The training is held on the last Thursday of the month starting at 1pm.
- The training is at Peer Based Harm Reduction WA.
- The training takes about 2 hours to complete.
- Free snacks and refreshments are provided.
- At the end of the training each person can see the Nurse Practitioner to collect their FREE naloxone.
- A FREE “naloxone kit” is given to everyone who completes the training. It contains everything you need to administer naloxone.
- Once you have been given your first kit you can get free kits from the Nurse if you need more naloxone (during the Health Clinic opening hours).