

AODtraining@MHC calendar 2017

semester one • feb-june

The **Mental Health Commission's** Workforce Development Branch is pleased to offer the AODtraining@MHC Semester 1, 2017 calendar.

This AODtraining@MHC calendar (formerly Training@DAO) provides a range of knowledge and skills-based events on alcohol and other drug (AOD), co-occurring and mental health issues conducted by experienced professional trainers.

As well as providing training events every semester through the calendar, the Workforce Development Branch can develop bespoke training on AOD related issues to meet agencies' specific needs.

For detailed information and registration about these events and all other training needs please visit the Mental Health Commission website at:

www.mhc.wa.gov.au

Key for training type/audience:

■ AOD Sector ■ Generic ■ Strong Spirit Strong Mind



KA/ST027 Ways of working with Aboriginal people – Part 1 & Part 2

Part 1: 8 March 2017 • 9.00am – 4.30pm
Part 2: 6 June 2017 • 9.00am – 4.30pm

Part 1 – This training forms part of the *Strong Spirit Strong Mind* series. It explores the impact that history has had on alcohol and other drug (AOD) use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.

Part 2 Prerequisite: Participants are required to have attended *Ways of working with Aboriginal people – Part 1*.

Part 2 – This session builds on culturally secure concepts and models, and introduces resources to respond to Aboriginal AOD use.

Presented by: **Strong Spirit Strong Mind Aboriginal Programs Branch, Mental Health Commission**

Target audience: **Workers who have Aboriginal clients: individuals and families. Aboriginal workers are encouraged to attend**

Application deadline: **Part 1: 15 February 2017 • Part 2: 16 May 2017**

ST269 Fetal Alcohol Spectrum Disorder prevention in Aboriginal communities

29 March 2017 • 9.00am – 4.30pm

Fetal Alcohol Spectrum Disorder (FASD) is a sensitive and complex issue. This workshop provides information on alcohol guidelines, FASD and prevention strategies for professionals who are working with Aboriginal women of child-bearing age who may be using alcohol.

Presented by: **Strong Spirit Strong Mind Aboriginal Programs Branch and Workforce Development Staff, Mental Health Commission**

Target audience: **Human service providers who work with Aboriginal women, their families and communities**

Application deadline: **8 March 2017**

ST287 Cultural ways of responding to AOD and IDU in Aboriginal communities

3 May 2017 • 9.00am – 4.30pm

The consequences of blood-borne viruses (BBVs) can have devastating effects for individuals, families and communities. This training will focus on skills to reduce harm from alcohol and other drug (AOD) use and reduce the transmission of BBVs. Topics presented will cover culturally secure AOD models, impacts of colonisation and effective cultural communication.

Presented by: **Strong Spirit Strong Mind Aboriginal Programs Branch, Mental Health Commission**

Target audience: **Health professionals working with Aboriginal people, families and communities. Aboriginal workers are encouraged to attend**

Application deadline: **12 April 2017**

ST202 Skills training: Working with AOD using clients

Event 1: 21–23 February 2017 • 9.00am – 4.30pm

This training is for workers wanting to increase their knowledge and confidence in engaging with clients affected by alcohol and other drug (AOD) use.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **New human service providers and others wanting to refresh their skills in working with AOD using clients**

Application deadline: **31 January 2017**

ST318 Working effectively with regular amphetamine using clients

1 March 2017 • 9.00am – 4.30pm

This workshop will provide an evidence-based approach for clinicians working with amphetamine using clients. Best practice treatment guidelines will be discussed and a range of interventions will be reviewed in the context of current use patterns.

Please note: This covers similar content to "ST318 Recognising and responding to methamphetamine using clients" so past participants need not apply.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Clinicians working with amphetamine using clients**

Application deadline: **8 February 2017**

ST329 Understanding AOD issues and Family Inclusive Practice: Training for AOD Administration Workers

9 March 2017 • 9.30am – 4.30pm

This training is designed for administration staff working in the alcohol and other drug (AOD) sector. Workers in an administration role are often the first point-of-contact for clients accessing a service. Participants will be introduced to an understanding of AOD use; as well as exploring issues such as boundaries, confidentiality, vicarious trauma and the importance of worker self-care.



Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Administration workers in the AOD sector**

Application deadline: **16 February 2017**

ST222 Induction training for new AOD workers

21–24 March 2017 • 9.00am – 4.30pm

This training aims to equip new alcohol and other drug (AOD) workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD issues.

The format comprises three discrete modules held over four days, which allows participants to choose the modules that best fits their work role and training needs.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **New workers in the AOD sector**

Application deadline: **28 February 2017**

ST284 An introduction to Motivational Interviewing (MI)

Event 1: 30 March 2017 • 9.00am – 4.30pm

Motivational interviewing (MI) is an evidence-based practice for alcohol and other drug (AOD) treatment. Participants will be introduced to the theoretical framework of MI and practice skills to develop a collaborative 'change conversation' that will help clients identify and resolve ambivalence around their AOD use.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Clinicians working with AOD using clients**

Application deadline: **9 March 2017**

ST301 Family Inclusive Practice

4–5 April 2017 • 9.00am – 4.30pm

This workshop aims to assist workers to translate 'Working with Families' policies into practice and identify ways in which Family Inclusive Practice may be enhanced within their service.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Workers in the AOD sector**

Application deadline: **14 March 2017**

KA036 Sniffing, huffing and chroming: Responding to volatile substance use

13 April 2017 • 10.00am – 4.00pm

This workshop will provide an overview of the drug effects, patterns and prevalence of use, and the risks and harms associated with volatile substance use (VSU). Best practice approaches to addressing VSU at a local, regional and state level will also be discussed.

Please note: This event covers similar content to "What is volatile substance use?" so past participants need not apply.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **For workers responding to volatile substance use issues**

Application deadline: **23 March 2017**

ST325 AOD Recovery – what does it mean for clients, workers and services?

2 May 2017 • 9.00am – 4.30pm

Alcohol and other drug (AOD) Recovery has come to be associated with a holistic approach that considers all aspects of a person's life that contribute to an improved quality of life. This training will include the consumer voice and their recovery experiences as well as relevant theory and practice in recovery.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Human service providers with AOD using clients**

Application deadline: **11 April 2017**

ST275 An introduction to AOD prevention within communities

9–10 May 2017 • 9.00am – 4.30pm

This workshop will provide an introduction to the principles and models to understand and apply evidence-based alcohol and other drug (AOD) prevention strategies and facilitate effective community action; plan, implement and evaluate prevention activities; and engage stakeholders and the community in addressing AOD-related issues.

Presented by: **Prevention Branch, Mental Health Commission**

Target audience: **Service providers (including clinical workers) who have a role or interest in prevention**

Application deadline: **18 April 2017**

ST202 Skills training: Working with AOD using clients

Event 2: 24–26 May 2017 • 9.00am – 4.30pm

This training is for workers wanting to increase their knowledge and confidence in engaging with clients affected by alcohol and other drug (AOD) use.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **New human service providers and others wanting to refresh their skills in working with AOD using clients**

Application deadline: **3 May 2017**

ST330 Recognising and Responding to Amphetamine Intoxication/Toxicity & Opioid Overdose

30 May 2017 • 9.00am – 4.30pm

Many people who use illicit opioids also use amphetamine, and vice versa. This workshop is aimed at frontline workers from a range of settings, including alcohol and other drugs (AOD), mental health, police, emergency services and crisis support services, who regularly come into contact with clients who use amphetamine or opioids. This training includes information on the harms and effects of amphetamine and opioids, identifying signs and symptoms of amphetamine intoxication/toxicity and opioid overdose, and effective responses to clients experiencing amphetamine toxicity or opioid overdose, including the use of de-escalation skills and the administration of naloxone.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Frontline workers (e.g. Police, Corrections, AOD, Mental Health, Child Protection) who regularly work with clients that experience amphetamine intoxication/toxicity or opioid overdose**

Application deadline: **9 May 2017**

ST317 Advanced Motivational Interviewing (MI)

31 May – 1 June 2017 • 9.00am – 4.30pm

Prerequisite: Completion of *ST284 An introduction to Motivational Interviewing (or equivalent)* within the last 2 years.

This two-day advanced MI program will review the theoretical framework and application of MI then explore core skills and intervention strategies in depth. Participants will be encouraged to work with their own real-plays throughout the two days in order to conceptualise and integrate this key therapeutic intervention for exploring and resolving ambivalence.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Clinicians working with AOD using clients**

Application deadline: **10 May 2017**

ST293 Group Work – making it work

7–8 June 2017 • 9.30am – 4.30pm

This experiential training will consider different types of groups, how theory guides practice, skills of group facilitation, getting started, working effectively with a co-facilitator, group member roles, challenges that can occur and techniques and procedures for facilitating group process.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Clinicians in the AOD sector**

Application deadline: **17 May 2017**

ST284 An introduction to Motivational Interviewing (MI)

Event 2: 13 June 2017 • 9.00am – 4.30pm

Motivational interviewing (MI) is an evidence-based practice for alcohol and other drug (AOD) treatment. Participants will be introduced to the theoretical framework of MI and practice skills to develop a collaborative 'change conversation' that will help clients identify and resolve ambivalence around their AOD use.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Clinicians working with AOD using clients**

Application deadline: **23 May 2017**

ST326 Trauma Informed Care and Practice

14 June 2017 • 9.00 am – 4.30 pm

Many people who access human services have experienced potentially traumatic events including: family and domestic violence, child abuse and sexual violence. Despite this, services often find it difficult to meet the needs of people who have experienced trauma, and individual workers may feel overwhelmed. Trauma informed practice and care recognises the impact of a person's trauma and seeks to embed principles of safety, trustworthiness, choice, collaboration and empowerment on an individual and service level.

This workshop provides an overview of different types of trauma, describes the principles of trauma informed care and practice, and offers participants the opportunity to consider how trauma informed care and practice could be incorporated into their work.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Human service providers with AOD using clients who have experienced trauma**

Application deadline: **24 May 2017**

ST324 Gatekeeper Suicide Prevention

20–21 June 2017 • 9.00 am – 4.30 pm

The Gatekeeper training is a two-day workshop designed for professionals and para-professionals in the human services whose roles bring them into regular contact with people at risk of suicide. This workshop aims to help participants gain an understanding of the problem of suicide and self-harming behaviour and to provide an understanding of the link between mental disorders and suicidal behaviours. Participants will gain an understanding around the limits to confidentiality and the importance of consultation. It aims to assist participants to identify suicide risk, provide a framework for risk assessment and intervention and develop appropriate intervention skills. An understanding of the importance of postvention is also explored as part of this training.

Presented by: **Workforce Development Branch, Mental Health Commission**

Target audience: **Clinicians in the AOD sector**

Application deadline: **30 May 2017**



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